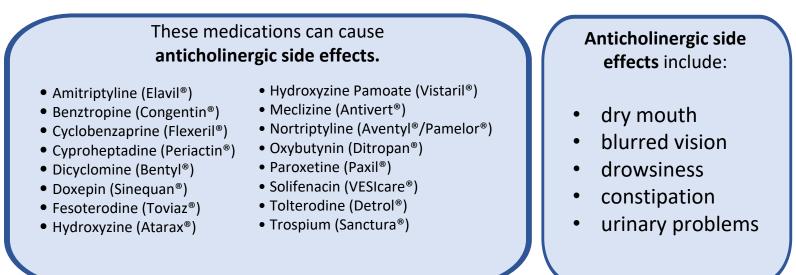
## Are your medications still right for you?

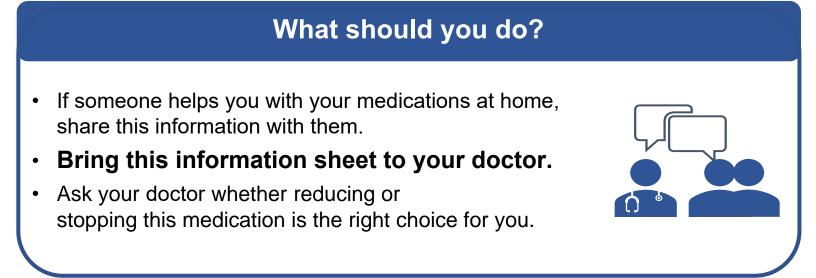
As life changes, your medication needs may change as well. Medications that were once good for you may not be the best choice for you today.



As people age, they are more likely to experience side effects. Because of this, experts recommend that people on these medications talk to their doctor about whether they should continue, reduce, or stop these medications.

## **Do not stop this medication before talking with your doctor.** Certain medications must be reduced slowly and should not be stopped suddenly. Stopping too quickly may cause problems.

Your doctor can suggest alternative medications or lifestyle changes that may help you





This information sheet and other resources can be found at **KnowMyMeds.org**.

It was produced by clinicians and researchers at the UMass Chan Medical School, adapted from materials developed by B. Farrell of the Bruyère Research Institute and C. Tannenbaum of the Université de Montréal. This work was funded by the National Institute on Aging.