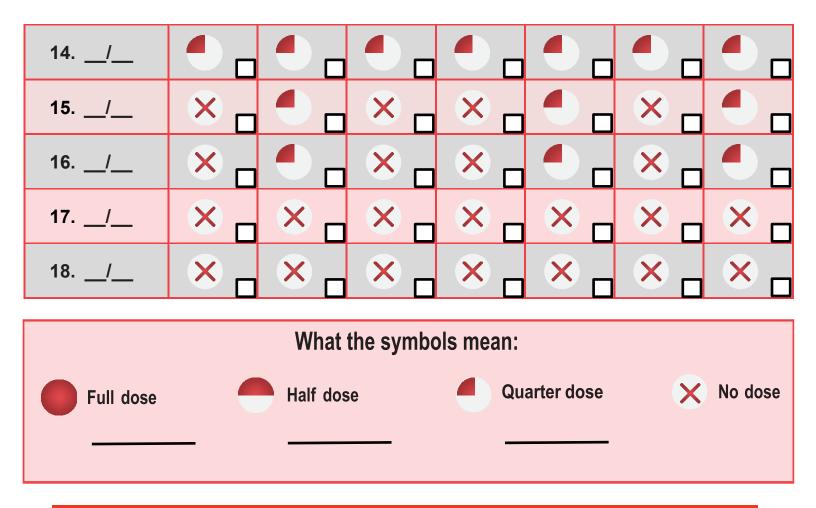
Medication Tapering Plan

Talk to your doctor, nurse or pharmacist before making any changes to your medication.

Patient Name:		Doctor:		Medication:			
Tapering Schedule							
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Talk to your doctor, nurse or pharmacist before changing or stopping your medication.



This guide for sedative-hypnotic medication and other resources can be found at **KnowMyMeds.org.** It was produced by clinicians and researchers at the UMass Chan Medical School, adapted from materials developed by B. Farrell of the Bruyère Research Institute and C. Tannenbaum of the Université de Montréal. This work was funded by the National Institute on Aging.

